

## The Ballet Book

Get ready to dance with this photographic board book that looks and feels like real ballet slippers! Perfect for all aspiring dancers, Ballet Slippers teaches little ones the basic terms of ballet. Shaped like a pair of ballet slippers, the book also features a textured, padded cover that feels like satin shoes! With photographic interiors and simple text, this novelty book focuses on the joy of dancing and twirling around. Now step out and dance! It's time to take center stage!

The cradle of ballet, tracing the origin of ballet as a theatre art back to its foundation by Louis XIV in 1669.

The Secret of the Ballet Book (Children's Fantasy Book, Ballet Fiction, Children's Mystery Book, Children's Career Book) Would Sierra live to prove she is a famous-ballerina-to-be? Sierra's only hope of saving her ballerina dreams is an ordinary ballet book, or so it seems - until a dancer steps out of a page. What's more? Rosella, the ballerina, offers to train Sierra for the audition which might convince her schoolwork-obsessed mum that her daughter is a famous-ballerina-to-be. Sierra cannot believe her luck. Except that Rosella's fate is now in her hands: if she fails to find a way to free Rosella from the magic spells of the witch who trapped her in the book, the dancer will forever have to return to the page within a few hours, whenever she comes out. But even scarier is that if Rosella misses the witch's deadline, she will disappear. And this is just the beginning of Sierra's challenges ... Could Sierra overcome them, and succeed at her audition to avoid having to quit ballet school and give up dance? Would she get Rosella out of the ballet book for good? Or would Sierra end up inside the book too? Worse still, disappear?

Find everything your child needs to know to improve their ballet in this book and DVD from Director of the English National Ballet School, Jane Hackett. From first position to en pointe, the book shows detailed step-by-step photographs of how young ballerinas can improve on each position whatever their age or stage; making it enjoyable and easy to perfect their style. Discover the best things to wear to class, how to combine positions and even how to choreograph a ballet. Watch the DVD together and see the ballet steps and individual dances in motion, then have fun helping your child to practise as they watch.

Can Rachel and Kirsty help the Dance Fairies get their grooves back? The Dance Fairies' magic ribbons are missing! Without them, all kinds of dances are getting off on the wrong foot.

Everyone is miserable, except for Jack Frost and his goblins. They have the ribbons . . . and it's up to Rachel and Kirsty to get them back! Beautiful ballets everywhere are turning into a total mess. Can Bethany the Ballet Fairy track down her ribbon? Or will the goblins dance away with it? Find the magic ribbon in each book, and help keep the Dance Fairies on their toes!

Delphie's greatest dream is to become a ballerina, and she can't quite believe it when she is invited to join the new ballet school. But there's more to Madame Zarakova's than it at first seems and with the help of some very special ballet shoes, Delphie finds herself spinning into a whole new world...

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Dance your way to the magical world of Enchantia in the delightful fourth series of Magic Ballerina by Darcey Bussell!

A retelling of "Swan Lake," "The Sleeping Beauty," "The Nutcracker," and seven other tales that evoke the elegance and mystery of the ballet

Most complete reference book on the social and cultural conditions of the four centuries that have produced this fascination form of theater.

Provides advice for beginning ballet students; introduces the various steps; discusses diet, exercise, and other health concerns for dancers; and presents some of the best-known ballets.

Meet Biff, an adorable little puppy who will stop at nothing to become a ballet dancer.

A lavishly illustrated history of ballet explores its evolution as an art form and its reflection of politics and culture throughout the past three centuries, in an account by a former professional ballerina and dance critic for The New Republic that provides authoritative coverage of key influences.

"An alphabetic celebration of the world of ballet"--

This is a uniquely specific volume that lists both the reasons and solutions for many of the technique difficulties that plague dancers in their quest for self-improvement. It will take you "beyond the classroom" to find out how to better your flexibility, turn-out, pirouettes, jumps, arms, balances, and more, and how to work on problems such as sickling ("curling" the foot), poor jump preparations (or landings), rigid (or "droopy") arms, wobbly pirouettes, or weak extensions. Detailed descriptions and exercises for each area of difficulty are illustrated with color photos of dancers. Finally-here is a book with some real and pro-active suggestions that will give results-geared towards dancers of every level. Using appropriate ballet terminology, it enables dancers and dance students to understand, evaluate, and perform more effectively each time they return to the studio for class, rehearsal, or performance. Dance teachers will also find it invaluable as a source for targeted corrections and practical exercises to give to students struggling with particular technique difficulties. It begins with a Dancer's Quiz that anyone can use to pinpoint the personal technique areas they want to address, then follows each question/problem with a chapter giving reasons (causes), possible solutions, and positive ways to improve. The book is enhanced with many color photographs illustrating the chapters, with correct and incorrect poses included. This is a book that belongs on every dancer's (or dance student's) bookshelf. Written by a former professional ballet dancer with an extensive national and international performing and teaching background, this is the second volume in a series, following Vol. 1, "Building Ballet Technique, A Practical Guide for Teaching All Levels."

A guide to ballet positions and exercises for elementary school students.

