



understanding of basic psychological concepts from a health care perspective. Reflecting the latest research and practices, the text offers streamlined coverage that spans a broad range of important mental health topics -- as well as their implications for health care professionals. It includes expanded coverage of cultural bias and cultural competence; developmental disorders; trauma-informed care; drug use in the U.S.; alternative, complementary, and integrative medicine; stress-management techniques; and much more. Looking at issues from both the client's and caregiver's perspectives, this powerful resource explores a wide range of behaviors, emotions, and coping mechanisms you may encounter in a variety of health care situations and settings. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

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